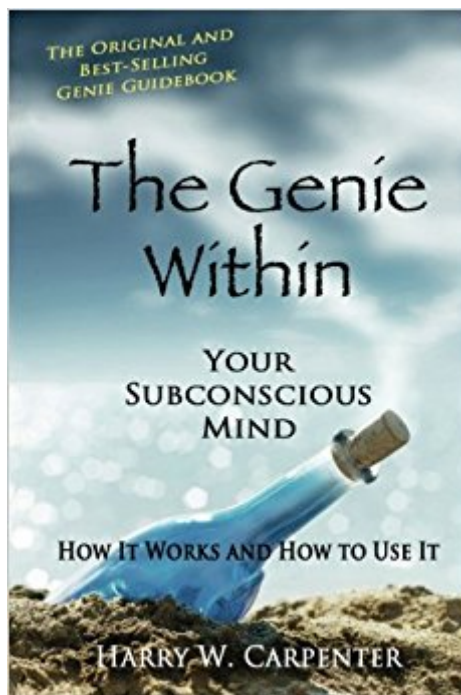




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The Genie Within: Your Subconscious Mind--How It Works And How To Use It



Synopsis

Your subconscious mind is powerful and will work for you without effort. It also works against you based on programs and concepts learned in childhood. Learn how to reprogram your mind to override these immature programs. Reprogram your mind to: Achieve goals, Become more creative, Relieve stress, Increase self confidence, and Become healthier. Learn 15 ways to tap your infinite power. These techniques work most efficiently when you understand HOW your hidden, "unconscious," mind functions, and HOW to reprogram it to become "single-minded." When you are "double-minded," that is when your conscious mind and subconscious mind have opposing concepts, your subconscious mind always wins, even if it works against your best interests. Learn to unleash this unlimited power now. Train your unconscious mind to harness this power, easily.

Book Information

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Customer Reviews

[Most recent review on .com] This book is an absolute gem. If you're looking for insights on single-mindedness this book has numerous ideas, concepts, and exercises that will get you where you need to be. From my newbie experience the results come quickly. I've seen changes in happiness, demeanor, increase in opportunities (monetary and social), and lowered stress.

Take Control Of Your Life Get Motivated Lose Weight Boost Physical and Mental Health Improve Athletic Performance Cast Away Negative Thoughts and Fears Be Happy Comprehensive and Easy-to-Follow Information. The Genie Within has what other books don't tell you. A no-nonsense description of how your subconscious mind works, the laws it obeys,

and 15 proven methods of using your subconscious mind for achieving success, health, and peace of mind. **KNOWING HOW YOUR SUBCONSCIOUS WORKS IS THE KEY TO SUCCESS**

I own this book in paperback. You can read my review of the book in that section. (I don't know the author and have not spoken with him) This is one of the true treasures in this genre. Years ago, after buying the paperback, I sent for the CD that teaches the hypnosis routines that go with the book. I've worn out two CD's already. They get that much use. NOW I find the book available for my Kindle fire AND the CD hypnosis routines available as MP3 downloads. I am delighted with this turn of events. Now I can have the book and CD with me without carrying around the paperback and a CD player. NICE! I have read and reread the book and go back to it often. It's great to have it in such a portable format. I've checked the Kindle version to see if it's OK now (given all the previous complaints). It is fine. The audio MP3's are fine. I recommend the whole package together. They're fine separately, but you'll want both. I keep the book too, because I have the odd habit of writing pencil notes in my books. Still, the Kindle version is wonderful. Glad the Kindle version got straightened out. Nice Job!

Harry has taken the mystery and intrigue out of dealing with my subconscious mind and opened doors to me that have remained locked for years. Over 20 years ago I started reading scores of books and had personal first hand experience with the subconscious mind in the medical field. I received an early bone marrow transplant and the research facility I was in was exploring this field for pain management, fear management and healing at various levels. We were taught to actually affect the function and efficiency of our T-cells and bone marrow, minimize pain during various procedures and deal with the fears of cancer and experimental treatments and living daily with death. However, even with all that training and experience there were areas that were still in the dark. Harry has shed light on those areas and I am now developing a personal, loving and fun relationship with my subconscious mind! His book is down to earth, simple to understand and laced with wit and charm. In no time I felt as if Harry were an old trusted friend. As a minister, I especially appreciated the final added chapter on prayer. Harry, thank you! If you are wanting to know more about the power of your mind - your subconscious mind and the God given abilities and powers that most of us are even unaware of - check out this book!

Reading is great, interesting knowledge given in the book which I agree with partially on some fronts, but can understand this was written to take the "Whohoo" out of it and leave it strictly under

the scientific versions of opinions/descriptions of things. However the practices he gives - just do it. You will never know until you do, and keep doing it even when you aren't in the mood, don't feel it, or whatever the excuse is, just do it. Nothing is instant, nothing is guaranteed, but persistence and perseverance is all that is required. He gives a lot of solid truths and things one should know in this book and I am grateful for the knowledge gained though reading it.

I have been buying self-help/power of positive thinking books and tapes for as long as I can remember. They haven't all been complete wastes of time, I have picked up a few nuggets of wisdom here and there over the years, but I was never able to find that one resource that put everything together in a manner that was scientific enough for me to believe and plain enough for me to understand and use instantly to make major changes in my life. That was until my journey lead me to this book. It is the holy grail of self-improvement and the last book you'll need to buy searching for the "magical secret" to change your life. I won't go into detail on how this book has changed me but events happened since reading this book that frightened me as they took place. All positive stuff, don't worry, but unbelievable nevertheless. Look out world, here I come!

Okay. Let me tell you that I have recently read quite a few books on the subject of intention and manifestation. Think and Grow Rich, The Power of Your Subconscious Mind, Secret of the Ages, Ask and It is Given and The Secret on DVD and Audio CD. This book is excellent because like everyone else mentions in their reviews, he gets to the nitty gritty with when and how to speak to your subconscious to get results. I would recommend all of the other books/cd's/dvd's above because they are all excellent- but in the day and age we live in, people want to often get to the point. More interested in the end result than the journey to get there. This gets right to the end result and with your dedication, you will see changes in your life. This is the how to book of all of the above books that I mentioned. Not that you can't get the same information from those books above (and the author says the same thing!), but we are often daft in the brain and unwilling to accept the simple answer (written over and OVER in the other books) of just changing our thoughts and attitude to experience a new and better life. This book hammers it home with technique as well as proof. One of a kind and well worth the investment!

I think the book is wonderful -- the parts I could read. The printing as referenced by another reviewer, is impossible to read. And I mean impossible. I've tried with more light and/or a magnifying glass, and nothing works. It's black print on charcoal and sometimes black background. Not all the

pages in a series of practice recitations are as dark as some, but overall it renders the entire practice sections useless to me. What were they thinking?

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